

Using Colors to Create Certain Moods in Rooms

Mood Colors for Decorating: How to use Colors to Create Moods

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And... what about dressing?

Flipping through hangers of reds and blues and green clothing in our closets every morning we may or may not be aware that we are seeking to robe ourselves with dresses, shirts, pants or skirts bearing colors indicating what kind of mood we're in when we get up. If we're feeling down we may opt for wearing relaxed somber colored clothing. If we're feeling spry we may want to go for something bright and jubilant. If we're feeling neutral we may venture away from the primary-secondary areas of the color scheme and go for something gray, or black, or brown.

In addition to unconscious and or preliminary roles our moods play in color selection while we're choosing clothes to wear to a particular function are location and type of function to be attended. That is, where we are going, who we expect to see, and what we anticipate doing at particular events impacts clothing selection. In fact, foreseeing immediate future situations could lead to foreseeing mood changes. Likewise, foreseeing mood changes could play roles in dictating color choices. In other words, if our moods are on the cranky side when we enter our closets; and while flipping through our wardrobes we remind ourselves we're headed for sunny outdoor outings, we could unconsciously begin mood altering processes that cause us to choose bright warm colored attire over cool somber colors. This could happen because in the backs of our

minds we may want to appear perky when we meet up with family and friends at the outdoor outings.

Exploring the idea of dressing for particular events a little further bears a bit of irony in that once we're dressed we're unlikely to pay much attention to what we have on unless we find ourselves in front of mirrors. Knowing we adorned ourselves in certain colored outfits seems to be all necessary to represent our moods and to assure us we've dressed appropriately. In cases of stepping from vehicles into the great outdoors, however, the irony unfolds in that our moods, no matter what color clothing we're wearing, are once again impacted by colors we take in when we venture into the surroundings. This mood changing concept occurs in pretty much the same way when we enter rooms in restaurants, hotels, our homes, et cetera.

Choosing Colors for Rooms Starting with Blue

Considering relationships between color and mood when preparing to decorate or redecorate a room allows decorators to choose colors that inspire or nourish emotions of those using said room. For example, decorators wanting to make dens or family rooms affect users' moods in calm relaxing manners can accomplish this goal by choosing relaxing colors like blue which is said to induce feels of tranquility, harmony, and security amongst other calming affects.

Decorating Rooms with the Color Purple

Next to blue on the color spectrum comes spiritual implicative purple. Purple tends to be sort of a ceremonious color that also suggests royalty, nobility, luxury and wealth. Whereas purple also denotes intelligence and wisdom, it is mysterious, exotic and a favorite of many artistic types.

Decorating Rooms with Pink

Pink, another stimulating color, brings about feels of joy and

perkiness that is great for most little girls' rooms. Pink may go well with a variety of other colors – not so much red – especially when bedding, wallpaper, or curtains are used to bring the colors together.

Decorating Rooms with the Excitement of Red

Rooms decorated in red induce feels of warmth, energy, excitement, love and desire. For this reason, decorators wishing to create a stimulative mood in a room can do so by basing the room's decor on red or by including a handy supply of red items in the room.

Decorating Rooms with the Stimulation of Orange

Orange is also a warming stimulating color that inspires energetic moods. It is the awe inspiring color that brings us from summer to winter. Orange's emotional impact is so powerful that people living in color changing climates for years prior to moving to climates where seasonal changes are less obvious actually miss the changes and may feel as though no changes have taken place. Orange is the most popular autumn color and it profoundly affects our moods during fall holidays.

Decorating Rooms with the Inspirational Color Yellow

Producing a joyous happy feel is easily accomplished when decorating a room in warm sunshiny yellow. Yellow is the most inspiring and spiritual color of all. Although yellow also creates feels of optimism, imagination, philosophy, idealism, and hope, too much of this otherwise cheerful color can be hard on the eyes of many.

Decorating Rooms with Green

Green also has a bit of a calming quality to it; however, moods associated with green aren't nearly as predictable as those associated with blue. In fact, moods affiliated with the

color green may range from good luck to misfortune and from generosity to envy and jealousy. Green's mood affects also have relationships with health, fertility, and youth; and its ability to bring about relaxation makes it popular in so called "green rooms" or green waiting rooms.

Decorating Rooms in Black or White

Decorating a room in black is definitely less common than decorating a room in most other colors. However, a room decorated in black, with the right colors to go along with it, and in a good balance of textures could create a room with a stylish elegant appeal. In this case, the same tactic may bring to life a room decorated in white which is a non-stimulating colorless "color".